

# Al-Taqwa Careers News

March 2020

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## Career as a Cosmetic Nurse

According to the *HealthTimes* website, cosmetic nurses perform a range of non-surgical procedures including but not limited to *laser treatments, cosmetic injectables, chemical peels* and other *dermal procedures*. **The beauty industry has seen incredible growth in recent years and cosmetic nurses are in ever-increasing demand.**

Nurses performing injectable procedures must work under the supervision of a doctor and as such many are employed by private cosmetic clinics. Cosmetic nurses may also work for themselves, either running their own practice or freelancing with spas and cosmetic clinics.

To become a cosmetic nurse in Australia, students must first be qualified as a Registered Nurse (RN). An RN qualification is usually gained through the completion of a Bachelor of Nursing course, which is offered at numerous universities in Victoria.

Once an RN, a graduate diploma of cosmetic nursing course can be studied which takes approximately 10 months' full time to complete and will provide students with the skills to *perform cosmetic procedures, dermal treatments and injectable procedures including dermal fillers and muscle relaxants*. Students are also required to complete around 76 hours of clinical placement. Salaries for a cosmetic nurse vary depending on their experience, location, and employer. However, salaries in excess of \$80,000 are quite common.

Find out more at [HealthTimes - Cosmetic Nurse](#)

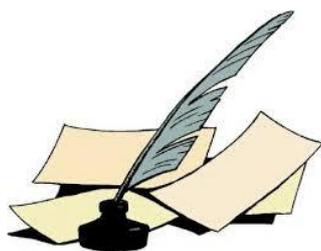
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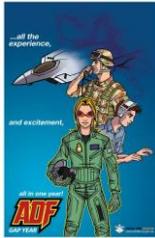
*Ability is what you're capable of doing.*

*Motivation determines what you do.*

*Attitude determines how well you do it.*

*(Lou Holtz)*





## ADF GAP Year 2021

The ADF Gap Year program provides an opportunity for young Australians, who have finished Year 12 (or equivalent) and are aged between 17 and 24, to experience military training and lifestyle whilst gaining new skills and pay over their Gap Year. The life skills and job training that students acquire during their Gap Year experience will be valuable regardless of what career you ultimately undertake. Gap Year opportunities are available in the Navy, Army and Air Force. Applications for the 2021 program are now open.

To find out more information about the ADF Gap Year program please visit [ADF GAP YEAR](#)



## VCE and Careers Expo 2020

All senior students are encouraged to attend on one of the days of the upcoming VCE & Careers expo at the Caulfield Racecourse taking place from 30 April – 3 May 2020.

There will be over 150 exhibitors providing information on -

- Information and resources for the VCE
- Information about university, TAFE and training courses
- Career advice
- Study advice
- International exchange and gap year programs
- Overseas Study

General admission tickets are \$10.00 per person and are valid for all four days.

Visit [The VCE and Careers Expo](#) to find out more



Australian Government  
Department of Foreign Affairs and Trade

## A Diplomatic Career – Making a Difference

The **Department of Foreign Affairs and Trade (DFAT)** offers university graduates with the opportunity to implement their academic and personal skills to develop and implement policies that advances Australia's interests both in Australia and overseas. DFAT has an official **graduate program** allowing university graduates the opportunity to continue to develop and expand their knowledge – from *international legal and security issues to international financial corporation, trade negotiations and public affairs*. Graduates who enter this DFAT program work in diverse and challenging environments, and often represent Australia on overseas assignments. On completion of the two-year program, graduates will have the opportunity for an ongoing position in Canberra.

Students who are keen on *studying Law, International Studies, Global Studies, Asian Studies, as well as the Sciences and Medicine*, and even *Counter-Terrorism*, might like to browse the following link to find out more about this program and the opportunities it offers once they have graduated with their Bachelor degree - [Department of Foreign Affairs and Trade \(DFAT\) Graduate Program](#)



## Career as a Park Ranger



***Park Rangers' control, supervise and manage national parks, scenic areas, historic sites, nature reserves and other recreational areas \*\****

Park rangers may perform the following tasks:

- assist with guided tours and promote an understanding and appreciation of the natural and cultural features of the park
- supervise public visits and inform visitors about park facilities, advising of park rules and regulations, and enforcing these when necessary
- patrol waterways, roads and tracks to observe and report on the park environment, including the condition of animals and plants
- ensure endangered animals and plants are protected, and assist with related research projects
- ensure parks, park facilities and equipment are clean and properly maintained
- assist with wildlife management projects, including surveys and monitoring of wildlife
- participate in search and rescue operations
- supervise and coordinate fire management, weed eradication and pest-control programs
- support local communities in protecting their cultural heritage and in developing sustainable land management practices
- conduct research into the protection and recording of Indigenous and historical sites
- supervise and train park staff and volunteers, and oversee crews of general maintenance workers and contractors
- undertake administrative and clerical duties

\*\* [Good Universities Guide - Park Ranger](#)

There are several professional associations park rangers can be part of, and in Victoria it is [Parks Victoria](#). There are a number of courses in Victoria that prepare students for a career as a park ranger. Some of these include –

INSTITUTION	COURSES IN 2020
Box Hill Institute	<a href="#">Diploma of Conservation and Land Management</a>
Deakin University	<a href="#">Bachelor of Environmental Science - Environmental Management &amp; Sustainability</a>
	<a href="#">Bachelor of Wildlife and Conservation Biology</a>
Federation University	<a href="#">Diploma of Conservation and Land Management</a>
	<a href="#">Bachelor of Environmental and Conservation Science</a>
Holmesglen Institute	<a href="#">Diploma of Conservation and Land Management</a>
La Trobe University	<a href="#">Bachelor of Outdoor Recreation Education</a>
Melbourne Polytechnic	<a href="#">Diploma of Conservation and Land Management</a>
RMIT University	<a href="#">Diploma of Conservation and Land Management</a>
Swinburne University	<a href="#">Diploma of Conservation and Land Management</a>

For a comprehensive list of all similar courses, visit [VTAC](#)

## Gap Year & Cultural Exchange Programs

 <p><b><a href="#">AFX Student Exchange</a></b></p>	<p><b>AFX Student Exchange</b> offers a range of programs including high school or GAP year programs to France.</p>
 <p><b><a href="#">AIFS Educational Travel</a></b></p>	<p><b>AIFS</b> and its family of companies organises cultural exchange programs throughout the world! Whether students are looking for <i>cultural exchange program</i>, <i>an Au Pair placement</i>, <i>to volunteer</i> or <i>a stint with Camp America</i>.</p>
 <p><b><a href="#">Global Pre-Meds</a></b></p>	<p>Formerly Gap Medics, <b>Global Pre-Meds</b> offers an introductory experience and opportunity to observe medics, surgeons &amp; nurses over a two-week immersion program.</p>
<p><b>LATTITUDE.</b></p> <p><b><a href="#">Lattitude Global Volunteering</a></b></p>	<p><b>Lattitude Global Volunteering</b> offers international volunteering and gap year projects for 17-25-year old's. A diverse range of projects are on offer in Asia/Pacific, or further afield in Europe, the Americas and Africa.</p>
 <p><b><a href="#">Projects Abroad</a></b></p>	<p><b>Projects Abroad</b> offer volunteer and work experience and internship programs in a number of countries all over the world.</p>
 <p><b><a href="#">Schoolies Unearthed</a></b></p>	<p><b>Schoolies Unearthed</b> offers a different kind of schoolies! Newly graduate Year 12 students get to travel overseas with a team of other schoolies, explore new and vibrant parts of the world whilst contributing to a sustainable community project.</p>
 <p><b><a href="#">Southern Cross Cultural Exchange</a></b></p>	<p><b>Southern Cross Cultural Exchange</b> offers students an opportunity to <i>explore another culture</i>, <i>learn another language</i>, <i>be a family member</i> and <i>an active student in a different country</i>.</p>
 <p><b><a href="#">Student Exchange Australia</a></b></p>	<p><b>Student Exchange Australia</b> offers LOTE students participate in short-term exchange programs from two – twelve months to countries like Japan, France, Germany, Canada, Spain and many more.</p>
 <p><b><a href="#">World Education Program</a></b></p>	<p><b>World Education Program</b> offers programs including volunteer and conservation projects, work &amp; travel and internships, teaching English overseas, international language study and language &amp; volunteer packages.</p>



## Career as a Paramedic



The Good Universities Guide states that *paramedics provide pre-hospital emergency care, treatment and specialised transport for patients* - [Good Universities Guide - Paramedic](#)

*Working as an ambulance paramedic means that no two days are ever the same.* What a paramedic does can be as varied as *restarting a patient's heart down* to helping solve social welfare issues. Ambulance paramedics are called when people feel they have no other options and are suffering what feels like an emergency to them. An interesting fact to remember when applying to become a paramedic is that the majority of the workload is not lights and sirens driving to save a patient's life. ***This job is more about helping people in their time of need as opposed to being a hero.***

Visit [Ambulance Victoria - Types of Paramedics](#) to find out more.

The following Victorian universities offered Paramedicine undergraduate degrees in 2020:

INSTITUTION	COURSE	VCE REQUIREMENTS	ATAR 2020
<b>Australian Catholic University</b>  (M) – Melbourne (B) – Ballarat	<a href="#">Paramedicine</a>	Units 3 and 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL.	<b>85.00 (M)</b>
	<a href="#">Nursing/Paramedicine</a>	Units 3 and 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL.	<b>75.25 (B)</b>
<b>La Trobe University</b>  (AW) – Albury Wodonga (Be) – Bendigo (Mi) – Mildura (S) - Shepparton	<a href="#">Paramedic Practice with Honours</a>	Units 3 and 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL; Units 3 and 4: a study score of at least 20 in two of Biology, Chemistry, Health and Human Development, any Mathematics, Physical Education, Physics or Psychology.	<b>73.60 (Be) n/a (AW) n/a (S) n/a (Mi)</b>
<b>Monash University</b>  (P) - Peninsula	<a href="#">Paramedicine</a>	Units 3 and 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL; Units 3 and 4: a study score of at least 25 in Maths: Further Mathematics or at least 22 in Maths: Mathematical Methods or at least 22 in Maths: Specialist Mathematics.	<b>83.25 (P)</b>
<b>Victoria University</b>  (St. A) – St. Albans	<a href="#">Paramedicine</a>	Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.	<b>77.15 (St. A)</b>

Log onto [VTAC](#) to find out more about these courses.

# e-Portfolios

Fun, Creative and Necessary in the future of work.

## a) What is an e-Portfolio and why do I need one?

- Your e-portfolio should be a showcase of your skills, experiences, achievements and interests.
- Your e-Portfolio should include evidence in the form of certificates, photocopied or electronic documentation, printed materials, photographs, links to blogs, and even short videos.
- Your e-Portfolio should also contain a list of goals that have been set and document when those goals have been achieved.
- Your e-Portfolio provides a way for you to demonstrate your abilities to potential employers or training institutions.
- Your e-Portfolio is a more in-depth version of a resume or CV. Your Resume is just a 2-3page summary of your skills, experiences, achievements and education which can also be uploaded to your e-Portfolio.



## b) Why start my e-Portfolio before needing a job or applying for further education?

- Your e-Portfolio is proof of Lifelong Learning, which is imperative for the future of work.
- To do this, your e-Portfolio needs to show your growth over time. When you are young, you would be surprised at how many skills, abilities and experiences you have and don't even realise it. When you do, it makes building on them much more achievable and enables you to document and present your lifelong learning in an interesting and concrete way.
- You do not need to record everything, just highlights.
- A good e-Portfolio is more than just a collection of evidence, it is also a representation of your personal processes of lifelong learning.

## Get creative!

- You are a unique individual, so promote the positive aspects of your Lifelong Journey and learn some important skills along the way.
- **START NOW!!! Your School Careers Website has an e-portfolio builder ready to go.**
- Just go to the "For Students" menu and select the "Students Secure Area" option, create your account and login. Select e-Portfolio in the side menu.

Your e-Portfolio can have many different looks or representations of you, but to see just one example go to <https://www.careertools.com.au/portfolio/view/DAKJZAaf>

**Don't forget to check out the "Calendar of Events" on our School Careers Website**